



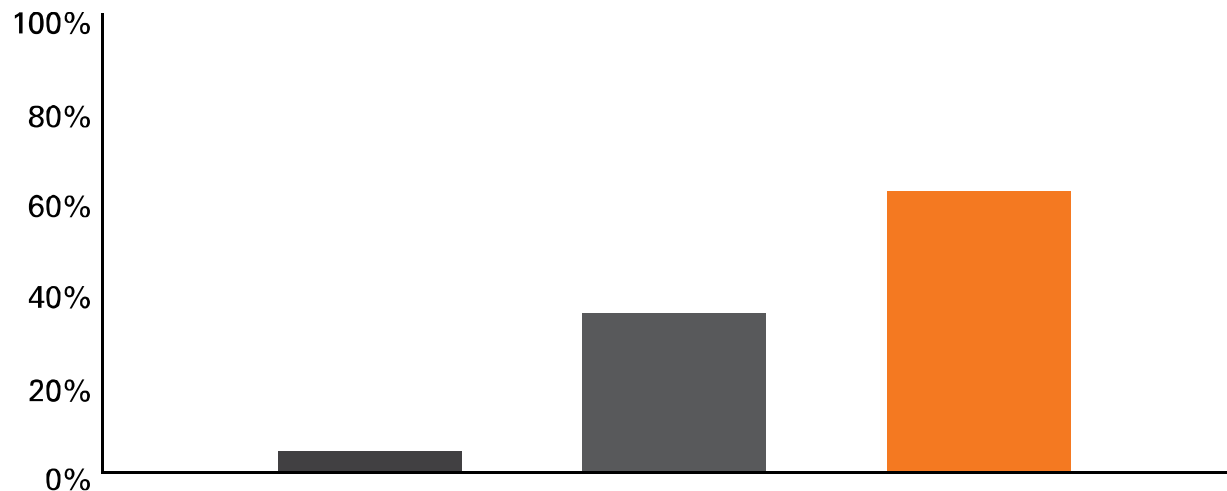
# | SURVEY

**HALFWAY SESSION 5**  
TOTAL 10 SESSIONS

ATTITUDE  
**CHANGES**  
EVERYTHING



# Q1: How would you rate your experience of the Google Meets platform?



**Unacceptable**



**Acceptable**



**Outstanding**

# Q1: Comments

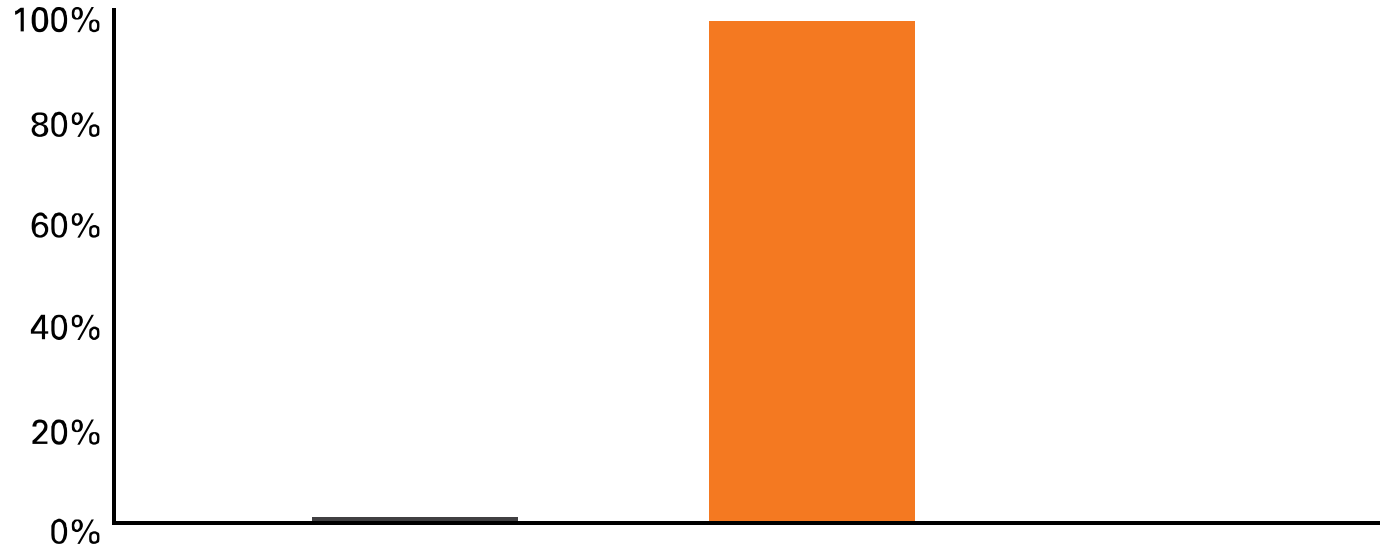
## Positive

- I find the platform very easy to use and I prefer using it.
- It is a great platform.
- Quality of video and audio .
- Interactive platform
- Connectivity involved with the good quality of sound and presentation.
- I've never experienced problems using Google meet.
- The fact that we engaged holistically with each other and it did not feel as though we were miles apart and having conversations over an online platform. I felt close to every single person in the meetings.
- My connection is fine because I have the Wi-Fi router in my room.
- It is easy to locate all functionalities.

## Negatives

- Network and Personal computer problems.
- Connectivity issues at times.

## Q2: Does the **content** meet your expectation?



No



Yes

## Q2: Comments

### Positive

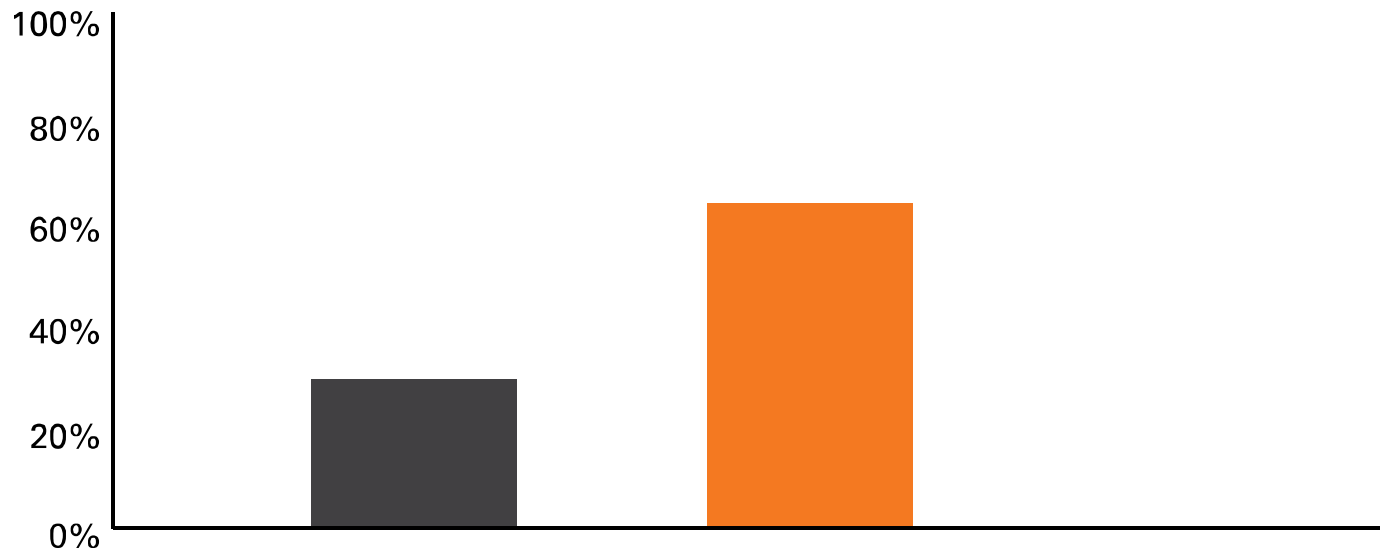
- I have learnt a lot about myself and there has been a lot of self introspection as a result of the content.
- I get new information each session.
- Yes, I like how we get to interact and hear how we can improve.
- Yes, I have definitely learnt a lot of valuable skills that I believe will improve my resilience.
- The content taught is always insightful.
- Very informative content.
- Yes, I am doing what I wanted to do from start, learning different aspects of myself and in some sense I've become more understanding of other people through understanding myself a bit more.
- Yes, I was expecting to learn more about how to be self aware and react to events happening in my surroundings, that's what I'm getting.
- I have learned a lot more about myself and the human brain and behaviours than I have imagined. The content we engaged with met my expectations and even superseded them. Chrizelda and Conrad made sure to go into deep detail when presenting new concepts to us and even went to far as to enlighten our imagination by showing us short yet relevant videos which I found very pleasant.

## Q2: Comments

*Positive*

- Yes. It actually exceeds my expectations because I expected to be taught and not actively engage but since we discuss our views and we're given the platform to express ourselves and ideas, it makes the sessions incredible.
- Yes it does, I'm learning a lot about myself every single session, it makes me realise things I knew but had forget about them.
- Yes, each session always teaches me about new things which is extremely beneficial to my life.
- Yes, because everyday I'm learning something new which is educational.
- I have learnt a lot about EQ and how it affects interactions with other people.
- Yes it does. It exceeds my expectations. I believe EQ is so important in life, and discussing it in a safe space with other students and the facilitators is a amazing.

**Q3:** Are the **mix** of presentations and activities suitable? ■

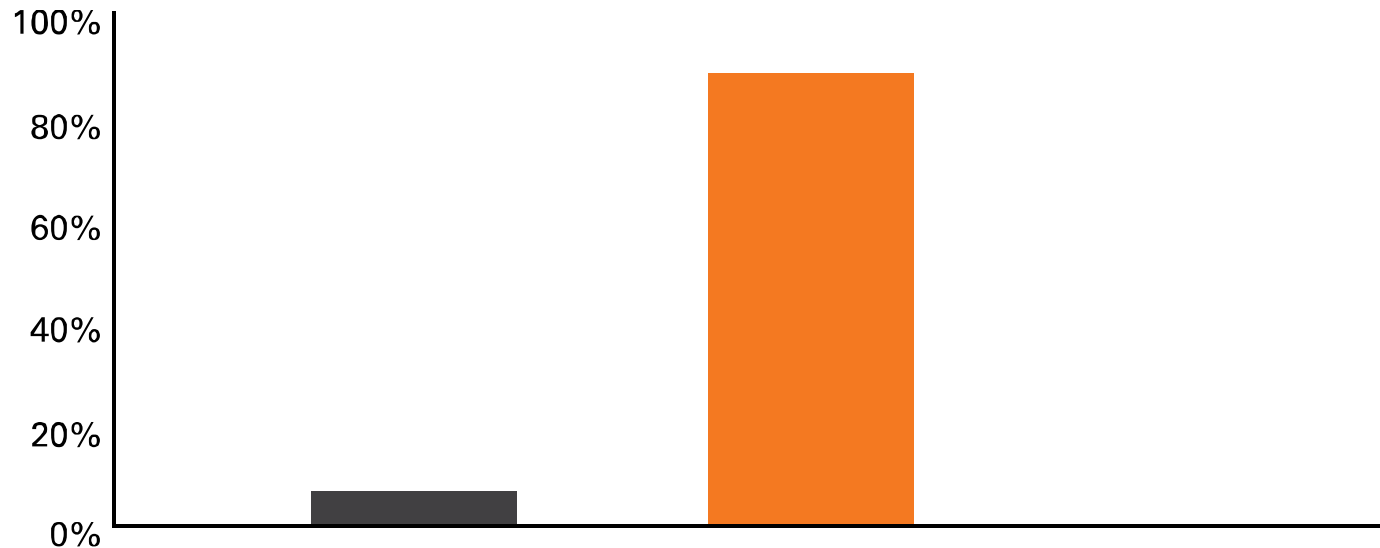


**Suitable**



**Outstanding**

## Q4: How would you rate the facilitators level of **subject knowledge**?



**Acceptable**



**Outstanding**



## Additional Feedback

### Positive

- I just wanted to say we appreciate the sessions we had. The ACE sessions healed wounds I never even knew existed in me as I was presented with a platform where my feelings mattered. I am truly grateful.
- I'm happy Conrad and Chrizelda they are understanding people and people who're down to earth and they seem to be enjoying what they're doing I definitely appreciate the professionalism of the facilitators

### Suggested Change

- The sessions could be longer so that we have more time to interact. as about an hour of the time is spent on the check up and check out.



# THANK YOU



**CHRIZELDA WALTERS**

*Consciousness Coach & Industrial  
Psychologist*

*Ace Skills Training – Facilitator*



**CONRAD ELOFF**

*Bachelors of Social Science &  
Independent Psychometrist*

*Ace Skills Training – Facilitator*



**MARCEL LOUBSER**

*Brand Specialist  
Innovation Creator*



ATTITUDE  
**CHANGES**  
EVERYTHING